

Anderson Yoga Center Attendance Policies

- **PLEASE DO NOT COME TO THE STUDIO IF YOU ARE UNWELL.** In special consideration of the spread of COVID-19, **DO NOT COME TO THE STUDIO** if you have a fever; if you have a cough; if you have shortness of breath; if you interact regularly with at-risk populations; or if you have been in any at-risk situations for contracting COVID-19. Please **DO NOT COME TO THE STUDIO** if you could put yourself or anyone else at risk.
- **Pre-registration is required for ALL classes.** Class sizes are limited, and therefore we have implemented a Cancellation and No-Show policy:
 - More than 6 hours before any class is scheduled to begin, you can cancel without any penalty.
 - Once you are within that 6-hour window, if you cancel your class, there is a \$10 Late Cancellation fee.
 - If you do not show up to take the spot you reserved, there is a \$15 No-Show fee.
 - These charges are run automatically through our schedule software program and cannot be refunded or changed.
 - The only exception to this policy are medical or family emergencies, and it is up to the discretion of the studio to decide whether an exception will be granted.
- If you are on the waitlist and there is a cancellation, up to one hour before class is scheduled to begin you will immediately be moved from the waitlist to the roster, and then these policies will be put into place. Within a one-hour window before class is scheduled to begin, we will contact you directly to ask if you would like to be put on the roster. It is vital that your phone number and email address are up-to-date on your account to ensure you are getting all notifications regarding your account.
- If you are on the waitlist and you decide you do not want to attend a class, please remove your name from the waitlist.
- Our doors are open 15 minutes before class is scheduled to begin, and we encourage you to arrive as early as possible.
- When class is ready to begin, all Anderson Yoga Center teachers lock the front door right as they go in to teach. This serves multiple purposes – to protect students and the teacher and their belongings; and to help maintain the peaceful environment of the practice room without the distraction of students showing up late. This means if you arrive to the studio after the class has already begun, the doors will be locked and you will not be able to practice.

This also means that the No-Show penalty of \$15 will be charged to your account. Please do not call or email the studio or teachers that you are running late. We cannot hold the door or leave the door unlocked for any reason once class has begun, no exceptions.

- At this time, masks are required for the check-in process. Please wear a mask that covers both your nose and your mouth. You teacher will do the same. You do not have to wear a mask in the practice room once you are on your mat, but if you return to the lobby, you must wear a mask again.**
- The check-in process will be contactless. As soon as you arrive to the studio, your teacher will take your temperature via a contactless infrared thermometer. This is to ensure no one has a fever, and we will do our best to make this as non-invasive as possible.**
- Please tell the teacher your first and last name so she can confirm your attendance on the class roster.**
- Please wash your hands and/or use hand sanitizer frequently when at the studio. We suggest as soon as you arrive at the studio and as you are leaving at a minimum.**
- Please bring in as few of your belongings as possible. Please arrive already in your yoga clothing, and after checking in, go directly to the practice room, place your mat in a spot distanced from other students, and wait for class to begin. Please, no hanging out in the lobby, and please observe social distancing at all times.**
- We will no longer have rentals or props available for public use. As an alternative, we will have very affordable products for you to purchase, including yoga mats, bolsters, blankets, and blocks.**
- When placing your mat in the practice room, please keep ample distance between you and your neighbor. At this time we are placing 6 people in the back row and 3 people on either side of the teacher in the front row.**
- Students will be encouraged not to linger after class in order to maintain social distancing, and to allow teachers time to clean after every class. The restrooms will be available for use, but we encourage you not to stay to change after class. We are not using the showers at this time.**

Please feel free to reach out via email if you have any questions – andersonyogacenter@gmail.com.

Take care! See you soon!